

# SAVE THE DATE



## EMIRATES SLEEP MEDICINE CONFERENCE 2024

 20 - 21 JANUARY 2024

 BEACH ROTANA HOTEL, ABU DHABI, UAE



### **Dr. Mohammed Al Houqani**

Conference Chairman

Consultant Respirologist, Sleep Disorders Specialized Clinic  
Associate Professor, UAE University  
Al Ain, United Arab Emirates



### **Dr. Hady Jerdak**

Conference Co-Chairman

Chief Executive Officer

Specialist Internal Medicine, Pulmonary Diseases & Sleep Disorders  
Harley Street Medical Center  
Abu Dhabi, United Arab Emirates

## WELCOME MESSAGE

Dear Colleagues,

It is our great pleasure to invite you to attend the Emirates Sleep Medicine Conference 2024 on 20 - 21 January 2024 at Beach Rotana Hotel, Abu Dhabi, UAE.

This 2-day event will cover discussions on how to assess condition, customize a treatment plan for individual needs and offers comprehensive details for various sleep disorders. Sleep disorders are problems associated with sleeping, including insomnia, sleep apnea, hypersomnolence, and circadian rhythm disorders.

A sleep disorder can affect the overall health, safety and quality of life. Sleep deprivation can affect the ability to act safely and increase your risk of other health problems. In this conference, we will tackle each and every causes of sleep disorders and the recent available treatments and therapies in the field of Sleep Medicine.

[www.sleepmedicine.me](http://www.sleepmedicine.me)

# SPEAKERS



**Dr. Bernard Hoffmann**  
ENT Consultant Harley  
Street Medical Centre,  
Abu Dhabi, UAE



**Dr. Fabrizio Facchini**  
Consultant Pulmonologist  
Medcare Hospital, Dubai, UAE



**Dr. Haitham Ali Jahrami**  
Associate Professor,  
College of Medicine and Medical Science  
Arabian Gulf University, Bahrain



**Dr. Favas Thivalappil**  
Consultant in Pulmonology &  
Sleep Medicine  
Healthpoint Hospital, Abu Dhabi,  
Mubadala Health, Dubai, UAE



**Dr. Issam Almoussalla**  
ENT Specialist  
Harley Street Medical Centre,  
Abu Dhabi, UAE



**Dr. Kurt Schlemmer**  
Consultant Otolaryngologist  
Harley Street Medical Centre,  
Abu Dhabi, UAE



**Mr. Rafeek Kandy**  
Lead Sleep Therapist  
Cleveland Clinic  
Abu Dhabi, UAE



**Dr. Sumit Gupta**  
Specialist Orthodontist  
Armada Medical Centre,  
Dubai, UAE



**Dr. Muhammad Arif**  
Pulmonary and  
Sleep Medicine Consultant  
Medclinic Middle East,  
Al Ain Region Hospitals, UAE



**Dr. Mohammed Harriss**  
Consultant Pulmonologist  
Medcare Hospital, Sharjah, UAE



**Dr. Sara Mangalote**  
Medical Intern  
Kings College Hospital London,  
Dubai, UAE



**Dr. Rizwana Popatia**  
Paediatric Pulmonologist  
Al Jalila Children's Specialty Hospital,  
Dubai, UAE



**Dr. Yasmin Chebbi**  
General Dentist, Dr. Rocco Specialized  
Dental Center, Abu Dhabi, UAE  
Owner, The Flossery:  
Functional and Sleep Dentistry



**Dr. Rania Karim**  
Consultant in Pediatric Pulmonology  
and Sleep Medicine  
Medclinic Parkview Hospital  
Dubai, UAE



**Dr. Raziya Adam Kadwa**  
Consultant Pediatric Neurologist  
NMC Royal Hospital,  
Abu Dhabi, UAE



**Dr. Mohd Rafiw Ahmed Mahen**  
Medical Intern  
Kings College Hospital,  
Dubai, UAE

# AGENDA

## Day 1: Saturday, 20 January 2024

7:00 Onsite Registration

8:40 Opening Remarks Dr. Hady Jerdak

8:50 Chairman Welcome Address Dr. Mohammed Al Houqani

### Session I: OSA Overview

9:00 Assessment and Management of Obstructive Sleep Apnea Dr. Mohammed Al Houqani

9:20 Consequences of Obstructive Sleep Apnea Dr. Hady Jerdak

### Session II: Pediatric Sleep Medicine

9:40 Beyond CPAP: Treating Persistent Pediatric Obstructive Sleep Apnea using Non-PAP Therapies Dr. Rania Abusamra Abdel Karim

10:00 Sleep Medicine: Pediatric Neurology Perspective Dr. Raziya Adam Kadwa

10:20 Pediatric Narcolepsy - Recent Updates Dr. Rizwana Popatia

10:40 Question and Answer

11:00 Coffee Break

### Session III: Non CPAP Sleep Apnea

11:15 Oral Appliances for Adult or the Treatments for Children Dr. Yasmin Chebbi

11:35 The Role of DISE in Management of OSA Dr. Issam Almoussalla

11:55 Surgical Interventions in Pediatric OSA Dr. Kurt Schlemmer

12:15 Surgical Treatment Options for Obstructive Sleep Apnea Dr. Bernard Hoffmann

12:35 Question and Answer

13:00 Lunch Break

## Workshop

### Workshop I: Non Invasive Ventilation

**14:30** Non Invasive Ventilation  
Dr. Mohammed Al Houqani

### Workshop III: WatchPat Symposium

(WatchPat Sponsored Workshop)

**15:30**

- What Is Peripheral Arterial Tone Technology
- Limits of The Peripheral Arterial Tone Technology
- How to Wear Watchpat
- How to Download Data & Analyse Watchpat Data
- How to Report Watchpat

Dr. Fabrizio Facchini

### Workshop II: Sleep Technologists

**14:30** Polysomnography Scoring Essentials  
Mr. Rafeek Kandy

**15:30** A Comprehensive Dive into MSLT's Best Practices  
Mr. Rafeek Kandy

**16:30** End of Day 1

## Day 2: Sunday, 21 January 2024

**8:30** Onsite Registration

### Session III

**9:00** Normal Sleep Study: Failure of AHI in Finding Out Significant OSA - Role of Hypoxic Burden / Arpusal Burden In OSA  
Dr. Muhammad Arif

**9:20** Artificial Intelligence in Sleep Medicine  
Dr. Mohammed Harriss

**9:40** Positional Sleep Apnea  
Dr. Fabrizio Facchini

**10:00** Respiratory Assessment and Surveillance of Neuromuscular Disease and Managing the Complications  
Dr. Favas Thaivalappil

**10:20** Psychotropic Drug Induced Sleep Bruxism  
Dr. Sumit Gupta

**10:40** Question and Answer

**11:00** Coffee Break

## Session IV: Research and Innovation

11:15	Improving Diagnostic Accuracy: The Science of Psychometrics of Sleep Medicine Scales	Dr. Haitham Ali Jahrami
11:35	Does Mallampati scoring correlate with severity of OSA?	Dr. Sara Liba Changai Mangalote
11:50	Excessive daytime sleepiness but normal overnight sleep study. Is this supine obstructive sleep apnea?	Dr. Mohd Rafiw Ahmed Mahen
12:05	Question and Answer	
12:20	Closing Remarks	Dr. Mohammed Al Houqani Dr. Hady Jerdak
12:30	Lunch	

## TARGET AUDIENCE

- Sleep Physicians
- Family Medicine Doctors
- Respirologists
- General Practitioners
- Pulmonologists
- Psychiatrists
- Internists
- Sleep Technicians
- Otolaryngologists
- Pharmacists
- Specialty Doctors
- Nurses



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20 - 21 JANUARY 2024

ABU DHABI, UNITED ARAB EMIRATES

## REGISTRATION

CATEGORY	EXTENDED FLASH SALE (Until January 19, 2024)		CLICK BELOW TO REGISTER
NON-PHYSICIAN	<del>AED 900</del>	AED 720	<a href="#">CLICK HERE</a>
PHYSICIAN	<del>AED 1,200</del>	AED 960	<a href="#">CLICK HERE</a>

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+971 58 584 4985 | [jnacu@pems.me](mailto:jnacu@pems.me)

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